

Top 10 times- Thru State Meet (** = F.A.T time adjusted to Hand Held subtract .24- round up) Lincoln High Sprinters- 2011 track season

100 meters

G. Godi	10.6
Belhaj/Quintinillia	11.1
Z. Mcknelly	11.2
N. Goeman	11.3
J. Morris/ Halvrns	11.3
P. Leach	11.4
J. Kunzman	11.5
DeCosse/Harner	11.6
A. Timmermn	11.6
Z. Campbell	11.7

200m /open

G. Godi	22.1
A. Belhaj	22.6
Z. Mcknelly	23.2
N. Goeman	23.3
C. Harner	23.9
J. Halvorson	24.1
M. VandrWoude	24.2
A. Timmerman	24.3
D. Alic	24.4
E. Decosse	24.4

400m/open

G. Godi	50.4
A. Belhaj	51.1
P. Leach	52.0
B. Michels	53.0
A. Leach	54.0
A. Timmerman	54.7
A. Rule	56.1
Billeter/Bork	56.4
L. Meyers	56.6
A. Hannemann	57.5

4x100 relay

Quintinillia/Goeman*	42.8
Belhaj/Godi	
Quintinillia/Halvorson	43.4
Belhanj/Godi	
Quintinillia/Harner	44.3
DeCosse/Godi	
Quintinillia/Harner	44.4
Belhaj/ Godi	
Belhaj/Harner	44.6
Mcknelly/Godi	

4x200 relay

Mcknelly/Belhaj **	01:28.5
Goeman/Godi	
Mcknelly/Goeman	01:31.0
P Leach/ Godi	
Mcknelly/Kunzman**	01:31.5
Goeman/Godi	
Mcknelly/P Leach	01:32.2
Goeman/Godi	
Mcknelly/Michels	01:33.0
DeCosse/Godi	

Medley R

McKnelly/Goeman**	03:35.1
P. Leach/Hall	
McKnelly/Goeman**	03:38.9
Michels/Hall	
DeCosse/PLeach**	03:45.1
Mcknelly/Hall	
Mcknelly/Alic	03:53.8
P Leach/Hall	
Timmmrn/VandrWde	03:56.1
Meyers/Jelen	

4x400 relay

Belhaj/P Leach**	03:22.1
Mcknelly/Godi	
Belhaj/Mcknelly**	03:26.4
Michels/P. Leach	
Godi/Mcknelly**	03:31.1
Michels/P Leach	
Mcknelly/Michels	03:32.7
Goeman/P Leach	
P Leach/DeCosse	03:34.1
Michels/ A Leach	

200m/split

G. Godi	21.3
A. Belhaj	21.9
N. Goeman	22.3
Z. McKnelly	22.6
P. Leach	23
E. DeCosse	23.6
A. Timmerman	23.7
J. Morris	23.8
Vanderwoude/Ali	23.9
B. M ichels	24

400m/split

A. Belhaj	
G. Godi	
P. Leach	
Z. McKnelly	
B. Michels	
E. DeCosse	
A. Leach	
N. Goeman	
T. Bork	
A. Hall	

49.9
50.2
50.3
51.1
51.9
53.9
54.7
54.7
55.3
55.7